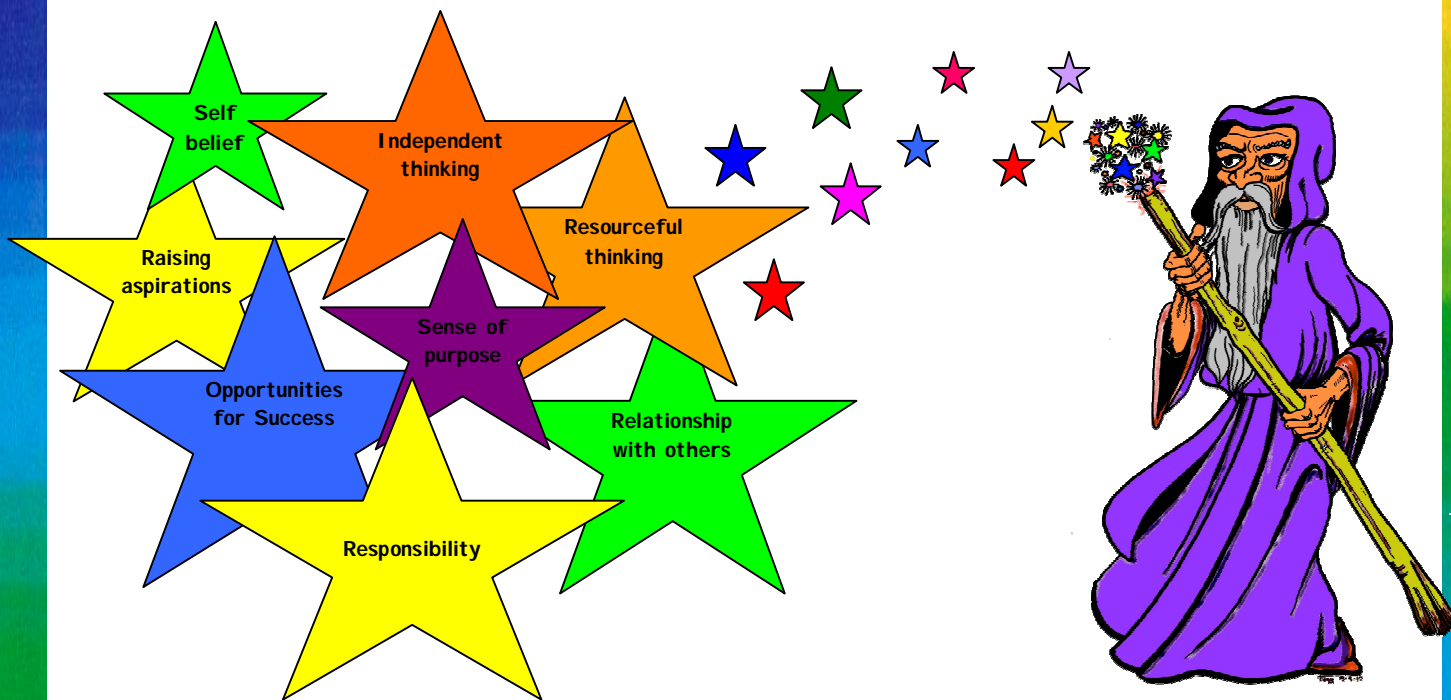


PeopleWyse

What do you want? How will you get it?



Creative Coaching

with

Steve Bowkett

and

Simon Percival

Authors of the book

**Coaching Emotional Intelligence in the Classroom:
a practical guide for 9-14 year olds**

For children

For teachers

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PeopleWyse

PeopleWyse is about improving children's **well-being** and their openness to **lifelong learning**. The term sums up an array of ideas that help develop both their **interpersonal skills** and **intrapersonal understanding** so that they can begin to take more control of their lives. The activities help nurture a **creative attitude**, linking awareness and questioning skills, which also form the foundation for developing a powerful tool: **coaching**.

On a PeopleWyse day children come to appreciate the **resourcefulness** within themselves. They learn how to develop their creative abilities and apply them to their own lives. In this way they are enabled to raise realistic aspirations driven by a **sense of purpose** and the positive experience of having set realisable goals. In other words they have powerfully addressed the key questions of **What do I want? How will I get there?**

In addition, becoming PeopleWyse means that children learn not only to help themselves become more **self-determining**; they also develop such important interpersonal skills as **empathy, respect for others' viewpoints**, the ability to **really listen** and the kind of **questioning techniques** that empower others to tap into their own resourcefulness.

We use the image of a wizard to embody the whole PeopleWyse approach, not only due to the etymological link between 'wise' and 'wizard' ('wise person'), but because of the magical effect that becoming PeopleWise can have on children. They already have the power within themselves. Developing their creative attitude unlocks this and, like the wizard's staff, coaching channels it to make things happen for the good of the individual and for those around them.

With links to **Every Child Matters, SEAL** and **Personal Learning and Thinking Skills (PLTS)**, PeopleWise can have a profound effect on the **attitudes** and **behaviours** of the children. Continued modelling from the adults in the school, reminders embedded into the fabric of normal lessons, and regular practice of the coaching elements will help these qualities become **second nature**.

Steve and Simon offer a 1-day or 2-day workshop for children. Day 1 lays the groundwork described above. Day 2 explores various aspects of emotional intelligence more deeply and focuses more explicitly on the skills of coaching. A 1-day INSET package is also available. PeopleWyse days are supported by a book of teacher's notes and a copy of the powerpoint. Further guidance and explanation can be found in our book ***Coaching Emotional Intelligence in the Classroom***, published by Routledge.

